

# Dimensions and Elements of our Learning Framework

Spiritual

Academic

Emotional

Physical

The promotion of wellbeing at St Patrick's College aligns with our vision for the education

Support Structures

ST PATRICK'S COLLEGE

# WELLBEING FRAMEWORK

*"The wellbeing and learning outcomes of young people are enhanced when they feel connected to others and experience safe, trusting relationships."*

*(Australian e-Learning Framework, Education Council 2010, p. 61)*

Growth Mindset

we seek to develop in boys a strong sense of personal identity while encouraging them

Our Wellbeing Framework will be used to guide evaluation and continued development of approaches to all areas of wellbeing at the College. The five key elements will be evident in wellbeing programs, classroom practice, and teacher professional learning. Evidence of how the Wellbeing Framework is being implemented will be communicated to our wider community.

## Emotional Wellbeing

will be enhanced and promoted when students:

- Develop greater self-awareness, self-management, social awareness and relationship skills

## Emotional Wellbeing

Inspired by the Gospel and Edmund Rice, our mission at St Patrick's College

- Build their capacity for self-reflection on how they emotionally engage with others
- Demonstrate responsible decisions when supported by guidance and instruction
- Develop resilience, enabling them to manage their emotions well in challenging situations and coping with setbacks
- Collaborate with each other and staff to develop strategies to counter violence, bullying

- Respect the diversity of their peers, teachers and others
- Develop help-seeking skills

## Spiritual Wellbeing

## Social Wellbeing